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The Four Purposes of Life: Finding Meaning and Direction in a Changing World

By Dan Millman, author of *Way of the Peaceful Warrior*

**Bestselling author distills a lifetime of
learning on living with — and on — purpose**

In his first work of new teachings in twelve years, beloved teacher Dan Millman faces life's fundamental questions: Why am I here? What am I meant to do? Millman understands the primary human need for direction and purpose. Here, in this straightforward and down-to-earth book, he shares fresh, realistic techniques anyone can use to find and fulfill their fourfold life purpose. The four purposes include:

- *Learning Life's Lessons* — Centering around the premise that Earth is a school and daily life is our classroom.
- *Finding Your Career and Calling* — Acknowledging ones strengths and weaknesses and integrating both logic and intuition to make the wisest possible life-decisions.
- *Discovering Your Life Path* — Understanding your hidden calling and pursuing your higher potential
- *Attending to this Arising Moment* — Paying close attention and making every moment count.

Writing with special consideration for those in transition or at a crossroads such as graduation, raising a family, health challenges, career upheaval, or impending retirement, Millman simply and beautifully addresses everything from intuition to sexuality, making money to the meaning of service, predestination to paying attention to the present. The result is an extraordinarily lucid guide to nothing less than life and how to live it.

Dan Millman is the author of 17 books read by millions of people in 29 languages. He teaches worldwide, speaking to men and women from all walks of life, including leaders in the fields of health, psychology, education, business, politics, sports, entertainment and the arts. He lives in Northern California and his website is www.peacefulwarrior.com.

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**April 14, 2011 • Personal Growth / Psychology • Hardcover
\$17.00 • 144 pages • ISBN: 978-1-932073-49-2**